

LTN Local Resources ~ 2017
(Bring ID and copy of bill/pay or quit notice)

- King George Dept of Social Services: 540-775-3544 ~ Food Bank, Food Stamps, Medicaid, State/Local hospitalization, General Relief, Temporary Assistance, Fuel Assistance, Elderly with Disabilities Assistance, Child Care Assistance, Adult Protection Services, Adult Companion and Domestic Violence
- Faith in Action Ministries @ King George Church of God 540-775-2690 ext.5; 8095 Kings Hwy (behind Food Lion). Works with individuals and families on a case by case basis. Following an assessment, appropriate resources are provided. Other services may include budget counseling, limited financial assistance, and/or referral to other agencies. We also address emotional and spiritual needs through prayer and counseling
- Tabernacle Baptist Church (Pastor Sherman Davis) 540-775-7188
- Potomac Baptist Church: (Pastor Newton) 540-775-7006
- Trinity United Methodist: 540-775-4501; 9425 Kings Hwy (across from Opp Shop)
- Catholic Charities: 540-371-1124; 1101 Stafford Ave Fredericksburg, VA
- Sweet Home Serenity – Quality care to Seniors and Vets. Wendi Toombs (540-384-2273), www.sweethomeserenity.com
- King George County & Senior Navigator ~ Phone: 540-775-2147 ~
Website: <http://www.SeniorNavigator.org>

Services include:

- Provide access to information on hundreds of regional and statewide services that help seniors & adults with disabilities remain independent and to inform family & friends faced with the challenges caregiving can bring.
- Resource Locator is an interactive guide to finding support services tailored to your own personal needs.
- King George County Sheriff's office participates, along with other agencies, in TRIAD by implementing activities designed to reduce the level of criminal victimization as it impacts senior persons by increasing awareness.
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- Rappahannock Area Agency on Aging (KG) ~ Phone: 540-273-7697 ~ Website: <http://www.raaa16.org>
Services include:
 - Resource Directory (<http://03be1b5.netsolhost.com/wordpress1/wp-content/uploads/2014/12/seniordirectory.pdf>)
 - Mobility Option Transportation Program (<http://03be1b5.netsolhost.com/wordpress1/wp-content/uploads/2014/12/Mobility-Options-Information-Guide-2013.pdf>),
 - Companion Aid Program (<http://03be1b5.netsolhost.com/wordpress1/wp-content/uploads/2015/01/Companion-Aide-List-Up-dated-10-30-14-Rcvd-1-5-2015-Diane.pdf>) and
 - Virginia Insurance Counseling and Assistance (<http://03be1b5.netsolhost.com/wordpress1/wp-content/uploads/2014/12/RAAA-MEDICARE-PA>)

- Serve: 540-288-9603; 15 Upton Lane Stafford,VA; Hours:Mon-Wed 10a-12:30p,Wed-Thur 1p-4:30p, Closed Fridays. Serves limited area-call for appointment for assistance
- Salvation Army/Barbara Terry Community Center: 540-373-3431
- Micah Ministries (they have a Veteran Representative): 540-479-4116; 1013 Princess Anne St; Hours:Mon-Fri 9:30a-11:30a
- St Vincent DePaul c/o St Jude: 10725 Courthouse Rd, Fredericksburg, VA (go around to back of building); Hours:EVERY Thur 6pm-Doors open early, be there no later than 5pm to sign in; Gives assistance one time in 6 month period
- Trinity Episcopol Church: 540-373-2996; 825 College Ave, Fredericksburg, VA; Hours: 1st & 3rd Tuesdays 5:30p-6:30p; Helps with \$50 max, toward one bill and gives groceries, one time in 4 month period
- Thurman Brisben Center/Quinn Rivers: 540-899-9853; 471 Central Rd, Fredericksburg, VA
- Rappahannock Area on Aging (if you are age 60 or older): 540-371-3375; 171 Warrenton Rd Stafford, VA
- Central VA Housing: 540-604-9943; 208 Hudgins Rd Fredericksburg WALK-IN Hours: Mon & Thur 8a-11a, 2p-4p
- Call 211 from any phone for a more comprehensive list of need specific resources
- Rappahannock Legal Services: 540-371-1105
- VA Cares (Transitional assistance and re-entry program for ex offenders): 540-376-3380
- Contact other local churches